

# CAREER FULFILLMENT COACHING



EVA EULENSTEIN  
Leadership & Mindfulness Coach

## Is this you?

- You already have professional experience and wonder what your next career step is?
- You lack clarity about how you want to develop professionally?
- You are dissatisfied with your current work situation?
- You are not sure what your individual strengths, values and abilities are?
- You know your values, but don't know how to express them in your job?

## Then Career Fulfillment Coaching could be the right investment for you!

I am here to support you on your journey to build a career according to your unique values and purpose. In our one-on-one coaching sessions we create an individual and customized journey for you. Together we will uncover your goals, nudge you out of your comfort zone, and provide accountability as a motivating force to keep you moving forward towards your goals.



I combine my expertise in leadership development, training and coaching to accompany professionals on their way to a fulfilling professional life.

In our coaching process you...

- ✓ become **aware of yourself**, your individual potentials and values
- ✓ learn more about yourself and your strengths, leadership style and development areas
- ✓ **recognize limiting beliefs**, inner critics that block you and learn how to overcome them
- ✓ make **conscious decisions** and take the steps that suit you and your intentions
- ✓ receive **support and courage** in change phases and new beginnings
- ✓ practice behaviours that support you in achieving your goals
- ✓ receive specific advice and **support throughout the application process**, e.g. feedback and suggestions for optimizing your application documents



## Thank you for getting in touch...



[www.eulenstein-coaching.com](http://www.eulenstein-coaching.com)



[unique\\_career\\_life](https://www.instagram.com/unique_career_life)



[www.linkedin.com/in/selfleadership](https://www.linkedin.com/in/selfleadership)



**EVA EULENSTEIN**

Leadership & Mindfulness Coach



*I support professionals in career transitions to build a purposeful life and work.*